



Points to remember

1. Dress appropriately for the weather and walking
2. Toilet facilities may not always be available
3. Bring your own food and drinks
4. Everyone (including the dog) is welcome
5. Except where stated, walks are not suitable for pushchairs, unless you are really determined
6. A fee of £1 to be given to the walk leader at the beginning of each walk. This does not apply to Health Walks.

In the event of bad weather, please contact your walk leader to check if the walk is still going ahead.

Health Walks within the Borough of Broxbourne

If you want to enjoy your local parks and open spaces, meet new people and improve your health and wellbeing, come along to the volunteer-led Health Walks. Health Walks currently take place at Cedars Park, Cheshunt Park, Barclay Park, Goffs Oak and at locations along the River Lea and Lee Valley Park. The walks are regular, short and led by trained volunteers. The walks are for everyone, but especially great for people who are trying to build up their daily activity levels, people who are at risk of experiencing poor health and those who feel vulnerable or isolated.

For more information on the times and dates of the Broxbourne Health Walks programme, please visit www.broxbourne.gov.uk or call the Council's Community Development Team on 01992 785555, extension 1519.



Guided Walks Programme

Borough of Broxbourne
and surrounding areas

SEPTEMBER 2026 - JANUARY 2027



Come and enjoy group walks in and around the Borough of Broxbourne.

They are relaxing, sociable and great for your health.

The cost per walk is £1.

This will need to be given to your walk leader at the beginning of the walk. Walk leaders will help you discover and enjoy the attractive countryside in friendly groups.

Walk leaders:

Frank	07704 730421
Karen	07743 381906
Hilary and Peter	07852 672742
Robert	07952 197270
Steve	07946 976245



All walks are on Wednesdays on the dates shown.

WATTON-AT-STONE

2 September 2026 Distance 5.5 miles

Park in High Street near The Bull Pub. SG14 3SB

Start time: 10am Frank

BARKWAY

16 September 2026 Distance 5.2 miles

Park in Village Hall. North out of village on right. SG8 8BE

Start time: 10am Robert

BRAUGHING

30 September 2026 Distance 5.3 miles

Park on Green Lane. SG11 2QG

Start time: 10am Steve

HAMMOND STREET

14 October 2026 Distance 6 miles

Meet in recycling centre, Hammond Street. EN7 6PG

Start time: 10am Karen

HERTFORD FOOTBALL CLUB

28 October 2026 Distance 5.6 miles

Park outside Hertford Football Club, Down Lane. Signposted Cole Green Way, off Horns Road/West Street. SG13 8EZ

Start time: 10am Frank

THORLEY/BISHOPS STORTFORD

11 November 2026 Distance 5 miles

Park in St James the Great Church. CM23 4BE

Start time: 10am Robert

PUCKERIDGE

25 November 2026 Distance 5.8 miles

Park in free car park Huntsman Close. SG11 1US

Start time: 10am Steve

FORTY HALL, ENFIELD

9 December 2026 Distance 5 miles

Park in car park. EN2 9HA

Start time: 10am Karen

CANARY WHARF - LONDON

30 December 2026 Distance 5 miles

Meet on the platform to catch the 10.18am train from Cheshunt Station or meet at Liverpool St at 10.45am

Start time: 10am Hilary and Peter

STANDON

13 January 2027 Distance 5.4 miles

Park in village. Meet by The Star Pub. SG11 1LB

Start time: 10am Frank

SOUTHBANK TO TOWER BRIDGE - LONDON

27 January 2027 Distance 5 miles

Meet on the platform to catch the 10.18am train from Cheshunt Station or meet at Liverpool St at 10.45am

Start time: 10am Hilary and Peter